



FALL SKIN TIPS

Now that the summer is nearing a close, it is time to rejuvenate the skin that is maybe dry and dull from the sun. Soften dead skin cells and make the skin more absorbable with regular enzyme treatments. At Faces Plus we offer a variety of enzymes with antioxidant, anti-inflammatory and anti-aging benefits. Give your skin a smooth polished look this Fall.

Only a handful of topical treatments promising to actually banish lines deliver. These contain ingredients that will boost collagen production or relax wrinkle producing muscles – provided you are patient.

RETINOLS won't transform your skin overnight, but they will reduce wrinkles more dramatically than any other topical. Studies show that vitamin A

derivatives thicken the dermis and epidermis, builds collagen and even eliminates precancerous spots on the skin. What does this mean for your face? Plumper-looking skin after several weeks and noticeably fewer lines after six months. It is really a lifelong prescription. “The longer you use it, the better you look”. *Retinol breaks down in the sun and also makes the skin more sensitive to its rays. Apply them only at bedtime, and be especially diligent about wearing sunscreen during the day.*